

Name:

Date:



# The Food Technology Room



## Getting Started

Here's a list to help you come up with some good ideas for writing messages on The Food Technology Room talkboard.

You can also keep a record of things you've learnt about from your friends on Japan UK LIVE. Use the list below to tick off things you've written about and also things that you've learnt about. How many boxes can you tick?

(Me) Things I've written about  
(Friends) Things my new friends have taught me about



### Me Friends

- Traditional meals from Japan and the UK
- An introduction to a new food
- A description of the taste of a particular food
- Recipes
- My/other's opinion of a recipe I/they tried
- Typical school meals
- Analysing the healthiness of school meals
- Answering questions about food from my country
- What I/others are learning about in Food Technology



Use these worksheets to help you design messages to write in The Food Technology Room. And don't forget to reply to other students' messages too!

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## Dinner Time!

Think about what you ate for dinner each night this week. Choose one night that represents a typical meal for you and write what you ate here. Once you've written it on this sheet you can type a message in The Food Technology Room to tell your friends on Japan UK LIVE about it and compare typical meals in Japan and the UK.

If you plan in advance you can take a photo of your meal. You can copy it here and also upload it with your message in The Food Technology Room. If you can't take a photo you can draw it instead and upload it along with your message.

For dinner I ate:

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Who normally does the cooking?

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Do you normally eat traditional British food, or do you often eat food from other cultures?

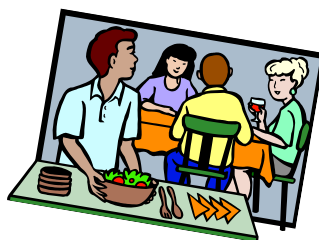
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What do you think might be in a typical Japanese dinner?

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(see what other students on Japan UK LIVE write to find out if you were close!)



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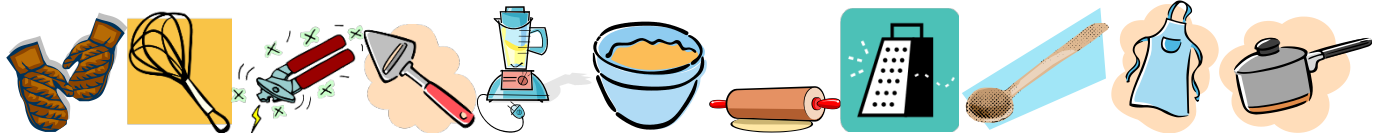


# The Food Technology Room



## Recipe Swap

Use this page to help you plan your next message in The Food Technology Room. Think of a favourite dish and research how to make it. When you've completed this sheet you can write the recipe up in The Food Technology Room for your friends to try. Do you think they will like it?



My favourite dish is called

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It tastes (sweet, salty, spicy etc)

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Ingredients:

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Equipment:

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Method:

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## School Lunches

This week at school I ate:

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What sort of foods did students in Japan mention in The Food Technology Room?

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Were your meals well balanced? Which food groups did they represent and in what proportions?

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How is school lunch served at your school? Who serves it, how is it paid for and where do you eat it? Is this different in Japan? What have you found out?

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There are a lot of differences between school lunches in Japan and the UK. Discuss some of these in The Food Technology Room. What are some of the

