



# My Day

## Activity Record

-1-

If you don't know what to write, this list may help you. Choose something you would like to write about and use it to start off your message.

You can also use this list to keep a record of what you've been doing. Tick the things you have already written about and things you've found out about from your friends on the talkboard. See how many topics you can tick off during the theme! If you keep all the sheets you have used when working on Japan UK LIVE! they will form a record of everything you've learned from this exchange.

topics you have written about

↓ ↘ topics you have found out about from other people

- Getting to school (What time, who with, what form of transport, safety issues etc)
- lessons (How many periods do you have a day? How long are they? What subjects do you study and what topics do they cover? Do you always use the same classroom and have the same teacher? Do you go on field trips?)
- study topics (What subjects do you study? Your best and worst subjects. Do you have tests? How often? Do you get report cards? Are they important? Do you have school entrance exams?)
- break times (How many breaks do you have and how long are they? What do you do at break. What games are popular?)
- lunch time (School dinners or packed lunch? What do you have for lunch? Do you think it's healthy? Does your school have a kitchen and/or dining hall? Where do you eat, who with, when? What happens to left overs and packaging?)
- after school (Do you have club activities? If so, what sort of thing can you do? What do you do after school? Go straight home? Hang around at school with friends? Go for extra activities (piano, swimming etc)? If so, who with, where, how long for? Do you get homework? How often, how much? Do you help out at home?)
- your class (Do classes get swapped around often? What is your class called? Number of students, form teacher, class characteristics (mood), good points, things to improve)
- cleaning (Who cleans your school and when is this done? Are there any special 'spring cleaning' type days?)
- uniform (Do you have a school uniform / PE kit? What's it like? If not, are there any rules about what you can wear? Are there rules about hair, make-up, jewellery?)



# My Day

## Activity Record

-2-

- school rules (What are your school rules? Who decides them? Do you think they are a good idea?)
- assemblies and form time (How often do you have them? Where are they held and who takes part eg whole school, year group etc. What do you do in assemblies? Who leads them? Why do you have them?)
- school council (Do you have a student council? How is it run? How do you choose the members? What does the council do?)
- committees, duty monitors (Do you have any committees or duty monitors in your class/ your school? What do they do?)

How many topics did you write about?  
Count them and keep a record.

